

MEDICAL MOMENTS

Current Concepts & Future Approaches to Vestibular Therapy

What Is Current in the Management of Your Patients with Dizziness

- Techniques associated with the treatment of dizziness still require the educational background of the skilled physical therapist in VRT
- Currently, Vestibular Therapy is often used in an unspecified way irrespective of the clinical findings
- More research has come out on the development of techniques that measure sensory dependency and how the patient plays off on his/her sensory strength or working on weakness
- It is crucially important to be able to correctly assess sensory function and weighting of the patient with dizziness to determine optimal treatments
- We must strive to educate ourselves to perform correct examination for the assessment of individual deficits and how these impede therapy outcomes.
- Vestibular therapy will be more specific in the future and the interaction between science and clinic will ensure the development of new therapy strategies.

FYZICAL Therapy & Balance Centers uses Sensory Mismatch as the driving theoretical framework of its Balance Paradigm. Identification of the unique Sensory Mismatch and progressing the patient using conceptual and progressive frameworks versus random practice is what makes FYZICAL the leader in vestibular rehabilitation.

Tjernstrom, F, Zur, O, and Jahn, K. Current concepts and future approaches to vestibular rehabilitation. J Neurol (2016) 263 (Suppl 1):S65–S70.



Werner, PT, MPT is the National Director of Balance and Vestibular Education for FYZICAL Therapy & Balance Centers. Mr. Werner has developed the proprietary FYZICAL Balance Paradigm, which focuses on identification of the specific sensory mismatch of the patient and utilizing the appropriate conceptual and progressive frameworks for treatment and optimal outcomes.

Contact us today to learn more or schedule an appointment
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